

2020 Program Report Card: Teen Pregnancy and Parenting Supports



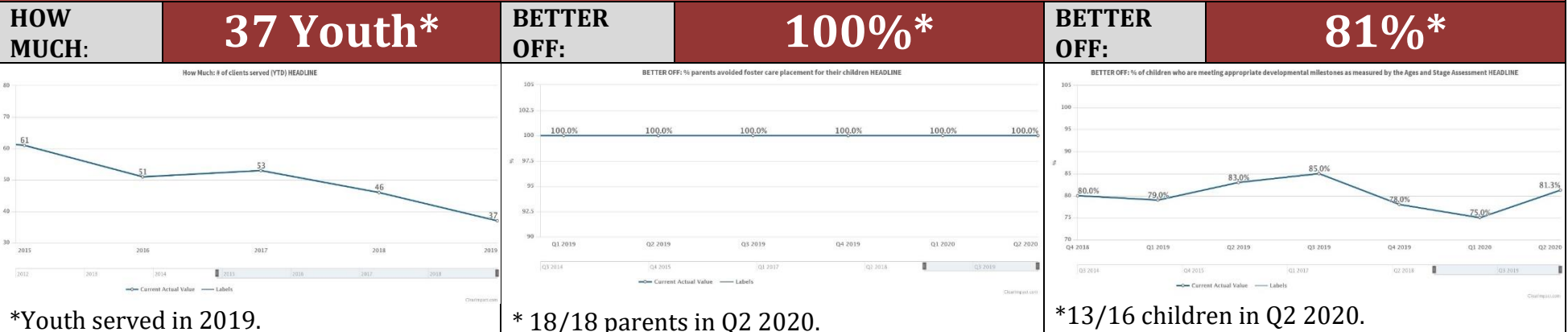
Achieving Youth Results (AYR) Goal:
Families will provide children with safe, stable, and nurturing environments.

Program: Teen Pregnancy and Parenting Program (TP3)
Agency: Child Development Council

CLIENTS:
Young people 14-21 who are pregnant or parenting

PARTNERS:
WIC, MOMS, Area food pantries, multiple social service organizations, Tompkins County DSS, Cornell Cooperative Extension, Tompkins Community Action, middle and high schools, Northeast Pediatrics, Cayuga Medical, OBGYN and Midwifery Associates, Head Start, Finger Lakes Library System, Tompkins County Health Department

RESULTS BASED ACCOUNTABILITY HEADLINE PERFORMANCE MEASURES



THE STORY BEHIND THE DATA

GRAPH 1: # of youth served - We predict we will serve between 30-40 teen parents in 2021. National levels of teen pregnancy and births have been dropping for about a decade. However, COVID may reverse (at least temporarily) the rates of teen pregnancy and births, we plan to see an increase. This could be due to a number of COVID impacts, to include teens having more time unsupervised and unstructured with activities cancelled and school held online while adults responsible for these teens are away at work, not having access to resources that schools regularly provide, as well as delayed pregnancy detection due to delays in medical appointments.

GRAPH 2: % parents avoiding foster care placement for their children - We will maintain a rate of 100% of parents avoiding foster care placement of their children. TP3 methodology focuses on individualizing services and support to meet the unique needs of each family. This, coupled with our ability to work with young parents over a long period of time and build close working relationships, allows us to positively effect change in a young person's life and have honest conversations about parenting and life skills. Raising a child is already difficult and even harder for teen parents who are still not fully developed themselves. When teen parents have support from family, friends or support groups, it is more likely for them to keep their children in their

care.

GRAPH 3: % of children who are meeting developmental milestones as measured by Ages and Stages Assessment – The percentage of children who are meeting appropriate developmental milestones as measured by ASQs has maintained relatively stable, varying less than 10%, over the last few years. We expect the percentage to remain between 75-85%. We will continue to offer ASQs and monitor children who may need extra support in particular areas of development, and provide activity suggestions for all parents to support their child’s growth and development.

AGENCY ACTION PLAN TO “TURN THE CURVE”

2021 Action Plan

HOW MUCH

- Update CPS/DSS, Health Department, MOMS, WIC, on our services since some may need a refresher after months of dealing with COVID.
- Update school nurses and social workers about our services in preparation for an increase in teen pregnancies.
- Increase information available in the community for those not connected with schools.

BETTER OFF

- Continue offering high quality services to teen parents and offer warm hand offs to other agencies that may also be able to support their other needs.
- Continue to provide more frequent visits when a family needs extra supports.
- Seek funding to offer support for basic needs such as laundry money, garbage tags, and phone cars.

BETTER OFF

- Provide activity kits for families to enjoy on their own or use during visits.
- Encourage families to read, talk, sing, and play with their child every day and provide specific, age-appropriate activities they can enjoy together.
- Create newsletter with activity suggestions and parenting support to enrolled participants in the community.

2020 Action Plan & Status

HOW MUCH

- Extend age cap for program eligibility to 21 years of age to 24 years of age to stay in line with brain development for young adults. ↔ **In Process (being evaluated)**
- Create a Facebook page accessible only to TP3 participants where they can provide peer support and share information. ↑ **Accomplished (proved not to be most successful way of reaching population)**
- Continue to reach out to organizations so they are aware of services. Revise awareness materials. ↑ **Accomplished**

BETTER OFF

- Ensure staff members have information and training needed to address the unique needs of young parents. ↑ **Accomplished**
- Provide more frequent home visits as a general rule for young parents. ↑ **Accomplished (more opportunities to check in due to COVID)**
- Purchase updated phones for staff members that have the capability to use communication apps. ↑ **Accomplished**

BETTER OFF

- Continue the developmental and social emotional ASQs and referrals to Early Intervention when necessary to ensure children receive services early on. ↑ **Accomplished**
- Encourage families to read together every day to promote early literacy and bonding. ↑ **Accomplished (using YouTube channel and home libraries)**
- Encourage families to enjoy free community events and to use opportunities to enjoy educational offerings with their children. ↑ **Accomplished**