

WE ARE COMMITTED TO:

Community Health Workers

Identify your needs &
connect you to services.

- Education
- Collaboration
- Integrity
- Compassion
- Innovation

“We are a client-centered program that meets you where you are at. We help connect you to services and programs in the community to help reduce barriers that can make a positive impact on your life!”

*Emma Abbey, CHW
Program Supervisor*

Your Appointment:

Your CHW:

Contact Us

Call:
607-274-6604

Email:
CHW@tompkins-co.org

Online:
tompkinscountyny.gov/health/chw

Offices:
55 Brown Rd.
Ithaca, NY 14850

Community Health Workers are part of
Tompkins County Whole Health, creating
a future where everyone in Tompkins
County can achieve wellness.

TCWH rev. Sept. 2023

Get Connected with a Community Health Worker

Community Health Workers
connect you to services
and resources that can help
you and your family live,
feel, and be healthier.



TOMPKINS COUNTY

Whole Health

Community Health Workers will support you in reaching your goals.

- Work with you where and when you are comfortable and ready.
- Provide information to guide decision making.
- Identify barriers and work with you to develop plans for your needs:
 - Transportation
 - Food Security
 - Childcare
 - Housing
 - Healthcare & Health Insurance
- Connect you to:
 - Agencies
 - Organizations
 - Programs



Support for Pregnant Persons

- For persons of reproductive age.
- Connection to prenatal care.
- Support in making and keeping appointments.
- Assistance re-engaging in services after a lapse.
- Information and resources for basic needs and care.

Support for Individuals and Families

- Resource navigation support to connect you with services for basic needs, childcare, insurance, health and mental health, and more.
- Continued outreach and advocacy.

Am I eligible?

Community Health Worker services are available for any Tompkins County resident.

- Services are available free of cost.
- No insurance required.



Unsure what services are right for you?



TOMPKINS COUNTY

Whole Health