

## WHY SMOKE-FREE *OUTDOORS?*

TOBACCO SMOKE is dangerous, even outdoors! Children should not be exposed to tobacco smoke. People with asthma or heart disease must avoid being exposed to tobacco smoke.

YOUR SUPPORT of this important step for a healthier community helps keep our city's shops and walkways open to everyone.

THANK YOU, and please encourage others to support this effort, too.

### SUPPORT FOR SMOKERS WHO WANT TO QUIT

N.Y.S. Smokers' Quitline

**1-866-NY-QUITS**

(1-866-697-8487)

- Free starter kit of nicotine replacement therapy (patches) for eligible smokers who are ready to quit
- Free coaching by trained cessation specialists
- Free 24-hr access to motivational messages & tips
- Quit online! Live chat, personal blogs, more

Go online: [www.nysmokefree.com](http://www.nysmokefree.com)

### Make a plan to quit today!

*Smoking is an addiction. If you want to quit, it's best to make a plan. Here are some tips:*

- **SET** a "Quit Date", the day you plan to stop smoking forever. Pick a date in the next 1–2 weeks.
- **GET** information about nicotine replacements such as patches or gum to help with nicotine cravings.
- **KNOW** when, where and why you smoke. If you know the places and activities that trigger your urge to smoke, you can plan for ways to avoid them.
- **LEARN** how to live as a non-smoker. As an ex-smoker you'll face a lot of changes. That takes preparation and practice.



Tobacco Free Tompkins

607-274-6710 • [www.tompkinscountyny.gov/health](http://www.tompkinscountyny.gov/health)

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CITY OF ITHACA

Thank You for Helping Everyone Enjoy Our

## Smoke-Free Outdoor Areas

Welcome To Our  
Smoke-Free Zone



No Smoking  
Beyond This Point



City of Ithaca

MUNICIPAL CODE Ch. 280  
VIOLATORS SUBJECT TO FINE

According to the  
U.S. Surgeon General,  
there is *no safe level*  
of exposure to  
secondhand smoke.

For more information about the ordinance, visit [www.cityofithaca.org](http://www.cityofithaca.org), or call the Ithaca City Clerk's office at (607) 274-6570.

This brochure was prepared by Tobacco Free Tompkins, a program of the Tompkins County Health Department

# Smoke-Free Ithaca At-A-Glance

THE PRIMARY PURPOSE of [Chapter 280] is to reduce the proximate exposure of the public, especially children, to the hazards and annoyance of second-hand tobacco smoke.

## NO SMOKING in these outdoor areas:<sup>1</sup>

### Around Children

- In or around (within 25 feet of) any playground open for public use
- Outside of child care centers
- Outside of school buildings

### Areas or events on public or City-owned property

- In outdoor dining areas
- Around mobile vending carts
- At outdoor events and block parties

### Downtown

- The Commons (entire area smoke-free)
- Home Dairy and Butterfly Alleys
- 100 blocks of N. Cayuga St., S. Cayuga St., and W. State St.
- Outside City-owned buildings

### Transit shelters

- Within 25 feet of transit shelters

### Other City-operated facilities

- Elevators in City parking garages
- Alex Haley Pool
- Melvyn Bell basketball court

### Parks, trails, & natural areas

- Stewart Park pavilion and play areas
- Cass Park playing fields, pavilions and play areas
- All areas of any other City & neighborhood parks
- Trails and multi-purpose walkways
- All Natural Areas in & outside City boundaries

- Penalties: 1st offense: \$75.00; 2nd: \$150.00; 3rd or subsequent offenses: \$250.00.

Visit [www.cityofithaca.org](http://www.cityofithaca.org) for full text of the ordinance.

1) Throughout the City of Ithaca, N.Y.

