## How to give naloxone (Narcan®)

## Call for help first

• DIAL 911 FIRST. Tell the 911 operator that a person is not responding.





- · TAKE the nasal spray out of its box when you want to use it.
- · Peel back the tab and remove the nasal spray device.



- HOLD the nasal spray dispenser with your thumb on the bottom of the [red] plunger and your first and middle fingers on either side of the nozzle.
- **Do not prime** the Nasal Spray. It has one dose that is used when you press the plunger. It cannot be reused.



- TILT the person's head back and provide support under the neck with your hand.
- Gently insert the tip of the nozzle into one nostril. Your fingers will be on either side of the nozzle, against the bottom of the person's nose.
- Press the plunger firmly to give the entire dose of spray.



- MOVE the person on their side with their hand supporting their head and leg out so their knee keeps them from rolling onto their stomach.
  - · Watch closely for the person to respond.
- · Naloxone may wear off in 30 to 90 minutes.



THE PERSON MAY NEED A SECOND DOSE OF NALOXONE IF

• After 2 to 3 minutes they do not respond to shouting or touching or shaking, or if they are not breathing normally.

The naloxone wears off before emergency medics arrive.
USE A NEW DEVICE TO SPRAY IN THE OTHER NOSTRIL.

