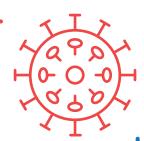
## COVID-19 Travel Advisory





## **Overview**

In response to increased rates of COVID-19 transmission in certain states within the United States, and to protect New York's successful containment of COVID-19, the State has joined with New Jersey and Connecticut in jointly issuing a travel advisory for anyone returning from travel to states that have a significant degree of community-wide spread of COVID-19.



## **When Traveling**

- Avoid public places including while traveling, if possible.
- Wear a mask if
  - \* You are within six feet of distance from other individuals
  - \* In a situation or setting where they are unable to maintain six feet of distance from other individuals
  - \* In a public or private transportation carrier or for-hire vehicle.
- Wash your hands often with soap and water for at least 20 seconds, especially before you eat.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your cough and sneezes with a tissue and discard it in a closed container.
- Clean frequently touched surfaces and objects



## **Precautionary Quarantine Requirements**

- Separate quarters with separate bathroom facilities for each individual or family group. Access to a sink with soap and water, and paper towels is needed.
- The individual must have a way to self-quarantine from household members as soon as fever or other symptoms develop, in a separate room. There must be a door that separates it from the rest of the living area and has its own bathroom. Given that an exposed person might become ill while sleeping, the exposed person must sleep in a separate bedroom from household members.
- Cleaning supplies, e.g. household cleaning wipes, must be provided in any shared bathroom.
- If an individual sharing a bathroom becomes symptomatic, all others sharing the bathroom will be considered exposed until the symptomatic individual is appropriately evaluated and cleared.
- Food must be delivered to the individuals quarters.
- Quarters must have a supply of face masks for individuals to put on if they become symptomatic.
- Garbage must be bagged and left outside by the door of each of the quarters for routine pick up. Special handling is not required.
- Individuals should self-monitor for fever and other symptoms of COVID-19 daily throughout the duration of the quarantine period.

For a list of designated states, travel guidance, and information for essential workers, please visit: **coronavirus.health.ny.gov/traveladvisory**