**Who should be tested?**

Anyone who:
- has symptoms, such as fever or chills, cough, trouble breathing, pain or pressure on the chest, loss of taste or smell.
- knows or was told they were exposed to a positive case.
- is advised by the Health Department or a health-care provider.
- is required by their employer in contract with Cayuga Health.
- is an essential worker.

**What is the cost?**

There is no cost for Tompkins County residents.

**I got tested. Now what?**

- If you have symptoms, or were exposed to a positive case, you must return to your residence and self-quarantine. Staff at the sampling site will provide instructions.
- If your result is positive, a public health nurse will call, instruct you to begin a term of mandatory isolation, explain the process and be sure you have what you need.
- If your result is negative, Cayuga Health staff will call and tell you if you need to self-quarantine or may resume daily activities.
- You may also get your test results on the Cayuga Health patient portal.

**Where is testing?**

For Tompkins County residents:
- Go to the Cayuga Health Mass Sampling Site, located in the parking lot at The Shops at Ithaca Mall, 40 Catherwood Rd., Ithaca. Hours are Mon-Fri, 8:30-4:00.
- This is a drive through site.
- You must have an appointment. Go to cayugahealth.org, or call 607-319-5708 to register.

**What about transportation?**

If you need a ride to the Sampling Site, after you have registered, call 2-1-1 during business hours to arrange transportation.