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1	Name of County - Organizati Tompkins County - Tompkins County Health Department, Cayuga Health System											
2	2019 Workplan											
3												
4	Planning Report Liaison Samantha Hillson, Ted Schiele											
5	E-mail: shillson@tompkins-co.org ; tschiele@tompkins-co.org											
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7	Priority	Focus Area	Goal	Objectives	Disparities	Interventions	Family of Measures	Projected (or completed) Year 1 Intervention	Projected Year 2	Projected Year 3 Interventions	Partner (Please select one partner from the)	Partner Role(s) and Resources
8	Promote Well-Being and Prevent Mental and Substance Use Disorders	Focus Area 1: Promote Well-Being	Goal 1.1: Strengthen opportunities to build well-being and resilience across the lifespan	Objective 1.1.2 By Dec 31, 2024, reduce the [rate] of adults that report 14 or more days with poor mental health in the last month by 10% Objective 1.1.3 By Dec 31, 2024, reduce the [rate] of youth grades 9-12 who felt sad or hopeless [by 10%], based on Communiyies that Care survey (bi-annual)	Poverty	Implement evidence-based home visiting programs. (p 211)	# of families served by SafeCare Select # of families reunified after completion of SafeCare # confirmed CPS + substantiated allegations after prevention services	Convene a pilot working group to determine structure and participants. Workgroup may include reps from MOMS, SafeCare, COFA, MH, DSS, Youth Services to review existing home visiting programs and consider how they can be linked through social determinants of education and community cohesion. Expand SafeCare beyond mandated to non-Family Treatment Court clients through outreach and education of partner agencies.	Workgroup: Utilize a tool such as ripple effect mapping to determine community support networks and inform a coordinated referral/outreach process, implement with at least one partner. Assess expansion of SafeCare to non-Family Treatment Court clients.	Implement the coordinated referral process with at least 2 partners. Assess/evaluate the coordinated process.	Local health departm	SafeCare® is an evidence-based, behavioral parent-training program for parents of children ages 0-5 who have been reported for child neglect. The program is delivered by Community Health Nurses via 18 weekly home visits covering three scripted educational modules: Health, Safety, and Parent-Infant or Parent-Child Interaction. In its first three years of implementation, SafeCare® has improved the family reunification rate from 42% to 82%. Due to the success of this program, the Health Department is expanding the program to more families in Tompkins County. Other partners: CHS, DSS, Collaborative Solutions Network, Youth Services, TC Mental Health, Learning Web, TC Action, Child Development Council, WIC, Children with Special Care Needs, k-12 Schools and daycares.
9	Promote Well-Being and Prevent Mental and Substance Use Disorders	Focus Area 1: Promote Well-Being	Goal 1.1: Strengthen opportunities to build well-being and resilience across the lifespan	Objective 1.1.2 By Dec 31, 2024, reduce the [rate] of adults that report 14 or more days with poor mental health in the last month by 10% Objective 1.1.3 By Dec 31, 2024, reduce the [rate] of youth grades 9-12 who felt sad or hopeless [by 10%], based on Communiyies that Care survey (bi-annual)	Poverty	Implement evidence-based home visiting programs. (p 211)	# of nurses, social workers embedded or available to assist housing agencies/property managers	Included in the 2020 Priority Plan/ Local Service Plan (Mental Health). Visiting Nurse Service (VNS) of Ithaca and Tompkins County - on-site Nurse Care Manager Program in 9 affordable housing sites (1100 low-income elders served) in three counties. Currently in Ithaca Housing Authority-Titus Towers in Tompkins County. October 2019: published article, "Bridging Medical Care while Addressing Social Determinants of Health in Low Income Senior Housing," presented at NYS Society of Aging conference.	Continue to seek sustainable funding to expand program. Grant to expand program in Tompkins County to Conifer complexes at Conifer village, Conifer Meadows, Ellis Hollow and the Schoolhouse in Groton.	Secure sustainable funding to continue program. Evaluate program and share a model that can be replicated in other housing settings to include other partners (such as Ithaca Neighborhood Services, TC Action)	Other (please describe partner and role(s) in column D)	Visiting Nurse Services (VNS): Starting in 2015, has received three Innovation Grant Awards from Care Compass Network/DSRIP, program aligns with DSRIP goals. VNS Nurse Care Manager Program (NCMP), nurses are embedded in low-income housing authorities - 9 buildings in 3 counties, including Tompkins. Emphasis on providing care that allows elders to stay at home, model to address uncoordinated and fragmented care, evaluation to demonstrate impact on social determinants of health (health literacy, stress, isolation, nutrition, and transportation) Partners: TCMH: this intervention is included in the 2020 Local Services Plan INHS, Continuum of Care, Planning Department: Housing Strategy, COFA, Love Living at Home
10	Promote Well-Being and Prevent Mental and Substance Use Disorders	Focus Area 1: Promote Well-Being	Goal 1.1: Strengthen opportunities to build well-being and resilience across the lifespan	Objective 1.1.2 By Dec 31, 2024, reduce the rate of adult New Yorkers that report 14 or more days with poor mental health in the last month by 10%.	Poverty, lack of social support, isolation	Enable resilience for people living with chronic illness by increasing protective factors such as independence, social support, positive explanatory styles, self-care, self-esteem, & reduced anxiety [p211]	# of participants ages 40-65 in Harmonicas for Health # of locations (rural and underserved).	2019: 3 six-week courses completed, about 50 participants	Complete at least 4 courses, hold at least one course in a rural location, initiate support group at local hospital Continue discussions of pulmonary rehabilitation at local hospital and plan to integrate H4H into hospital setting as an ongoing maintenance component. Revisit development of a long-term follow-up tool (6 months or more for participants), specifically about social support.	Initiate hospital maintenance program, along with at least 4 community courses completed. Initiate long-term follow-up.	Local health departm	Harmonicas for Health is a community-based program adapted from the COPD Foundation. H4H is a 6-week course that offers peer support and education to those living with a chronic respiratory disease. Participants learn to play the harmonica to practice breathing exercises. Partners: Cayuga Health System/CMC
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12	Promote Well-Being and Prevent Mental and Substance Use Disorders		Goal 1.1: Strengthen opportunities to build well-being and resilience across the lifespan	Objective 1.1.2 By Dec 31, 2024, reduce the rate of adult New Yorkers that report 14 or more days with poor mental health in the last month by 10%.	Poverty, lack of social support, isolation	Enable resilience for people living with chronic illness by increasing protective factors such as independence, social support, positive explanatory styles, self-care, self-esteem, & reduced anxiety [p211]	# of intergenerational events/community cafes	December 2019: Intergenerational Programs training with a professor of intergenerational programs and aging and Penn State University.	As part of Achieving Youth Results (AYR) and the Dec 2019 Intergenerational training, a variety of stakeholders will be linked together on specific projects that were brainstormed during that training and offered further support/resources from the trainer and Penn State. Projects include opportunities for intergenerational components in academic focused tutoring, recreational opportunities, food/nutrition, and shared use of transportation.	Implement at least 2 of the strategies/projects developed in Year 2.	Office for the Aging	County Office for the Aging and Youth Services are collaborating on planning intergenerational events across the county (AYR - Achieving Youth Results) County Office for the Aging: Age-Friendly Plan, Aging Center for Excellence Other Partners: Lifelong (Aging Mastery course), Finger Lakes Independence Center (FLIC), Ithaca College Gerontology Institute
13	Promote Well-Being and Prevent Mental and Substance Use Disorders	Focus Area 1: Promote Well-Being	Goal 1.2 Facilitate supportive environments that promote respect and dignity for people of all ages	Increase % of patients who receive follow-up mental health services by 15%. By 12/31/24, increase Tompkins County's Community Score by 7% from 58.8 to 65.8. https://opportunityindex.org/	lack of transportation, geography	Facilitated by CHS's DSRIP-funded pilot ride-share program, provide reliable transportation to patients suffering from mental health disorders to ensure compliance with and attendance of follow-up mental-health care	# of patients to attend follow-up MH appointment # of patients to receive rides through ride-share technology	Expand successful pilot to include more patients. Increase to at least 30 patients. Increase coordination/communication with TC Mental Health Department. Increase % of patients who receive follow-up mental health services by 15%.	Cross-tab completed Mental Health follow-up appointments between the hospital and the Mental Health Clinic. Expand program...		Hospital	CHS is utilizing ride-share technology to transport behavioral health patients to follow-up mental health appointments. Started July 2019 as a pilot (DSRIP/CCN). Previously 50% no-show rate of follow-up, with implementation of ride-share program, increase to 85% with rides, pilot with 13 people who receive Medicaid Other partners: TC Mental Health, Cayuga Health Partners

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14	Promote Well-Being and Prevent Mental and Substance Use Disorders	Focus Area 1: Promote Well-Being	Goal 1.2 Facilitate supportive environments that promote respect and dignity for people of all ages	By 12/31/24, increase Tompkins County's Community Score by 7% from 58.8 to 65.8. https://opportunityindex.org/ The Community dimension looks into factors affecting community health and civic life. Included are the percentage of teenagers not working and not in school, community safety, access to primary healthcare, incarceration, and availability of healthy foods. A score has been generated based on these indicators compared against the national average.		Implement Mental Health First Aid. (p 212)	# of trainings offered # of trainers/facilitators: By 12/31/24, increase # of agencies with trained instructors from 3 organizations to 5 # of organizations where all or a majority of staff have completed the full 8-hour MHFA certification course	Convene or integrate into existing committee/workgroup to determine the % of community trained (adults, youth, teachers) and the impact on addressing SDoH in education and community cohesion. Workgroup will develop a county wide strategy for training - at least for the youth training.	Workgroup will determine if more instructors are needed and train additional staff if necessary. Increase the number of organizations, agencies, businesses where the majority of staff have completed the course by 3.	Increase the number of organizations, agencies, businesses where the majority of staff have completed the course by 5.	Community-based organizations	Racker, TCMH, MHA, CHS
15	Promote Well-Being and Prevent Mental and Substance Use Disorders	Focus Area 1: Promote Well-Being	Goal 1.2 Facilitate supportive environments that promote respect and dignity for people of all ages	By 12/31/24, increase Tompkins County's Community Score by 7% from 58.8 to 65.8. https://opportunityindex.org/ The Community dimension looks into factors affecting community health and civic life. Included are the percentage of teenagers not working and not in school, community safety, access to primary healthcare, incarceration, and availability of healthy foods. A score has been generated based on these indicators compared against the national average.		Implement policy and program interventions that promote inclusion, integration and competence. (p 213)	# of people with lived experience engaged in development and decision-making roles in programs	Participation in Kresge Emerging Leaders in Public Health, site visits and review of community advisory boards in other locations.	Convene a staff advisory board to plan and set up a structure for the development of a community advisory board. Create a selection process and draft evaluation/feedback tool. Send out request for applications.	Convene a community advisory board for TCHD to inform programming, reduce stigma and barriers to accessing service to address SODH in economic stability, housing and community cohesion.	Local health department	TCHD: With the potential merge of public health and mental health departments, and with participation in the Kresge Foundation Emerging Leaders in Public Health program, there is increasing need to work with the community, specifically people with lived experience. Models are seen in Boston and Rhode Island. Other partners: TC Mental Health, CCETC (Diversity & Inclusion Initiatives, Cornell Center for Health Equity (CCEq)
16	Promote Well-Being and Prevent Mental and Substance Use Disorders	Focus Area 1: Promote Well-Being	Goal 1.2 Facilitate supportive environments that promote respect and dignity for people of all ages	By 12/31/24, increase Tompkins County's Community Score by 7% from 58.8 to 65.8. https://opportunityindex.org/ The Community dimension looks into factors affecting community health and civic life. Included are the percentage of teenagers not working and not in school, community safety, access to primary healthcare, incarceration, and availability of healthy foods. A score has been generated based on these indicators compared against the national average.		#1: Use thoughtful messaging on mental illness and substance use. (p 214) Community based initiatives and taskforces; Community Café events	# anti-stigma messages on social media and in community through Be the One and Anti-Bullying Task Force. # BTO chat spots # agencies that screen "Resilience" and facilitate discussion	NYS OMH Anti-stigma grant for Be The One (BTO) ended in June 2019. Be The One Summit #2: focus on families (May 2019) Monthly meetings for planning committee Be the One Proclamation was read at Common Council in December 2018, proclaiming 2019 the year of Be the One in Ithaca	Develop a plan to integrate the BTO message into the Bullying Prevention Initiative/Anti-Bullying TF in the county Golden Opportunity tutors at Boynton Middle School (Ithaca City) will develop a plan to embed the BTO message into their practice. Continue active Facebook page to promote BTO message "BTO Chat Spots" are going to be piloted on the Commons and elsewhere. CCE is applying for grant money to expand community café work and will incorporate the BTO message in the café work Community partners (TST BOCES and Trumansburg School, Health Department) will screen "Resilience" with staff and facilitate discussion.	Continue Facebook, screening "Resilience" and other films that address health equity, anti-stigma, anti-bullying, etc. Evaluate BTO Chat Spots Implement the plan to integrate BTO into the Anti-Bullying Taskforce and initiative	Community-based organizations	Be The One (BTO) - Started in 2018, community/multi-agency initiative building awareness through events and messaging, providing families with information about resilience and ACES. (Lead: Racker Centers - Collaborative Solutions Network) Partners: Anti-Bullying Taskforce (started in 2019): The Task Force's vision is a bullying-free Tompkins County: 1) strong awareness of bullying's harmful physical, psychological, and academic effects on young people; 2) broad collaboration among government agencies, schools, families, and community partners; and 3) youth leadership in developing bullying prevention and response strategies. TC Youth Services - Support Achieving Youth Results (AYR): Physical and Emotional Health Action Plan Strategy #2, To develop an education campaign on the importance of social and emotional development for youth at all ages. 2A) Create a vision for a community campaign on whole child wellness (Bethe1). Mental Health Association of TC, TC Mental Health, TC Health Dept, CCE, k-12 schools, colleges, elected officials, businesses, The Sophie Fund, Suicide Prevention and Crisis Services
17	Promote Well-Being and Prevent Mental and Substance Use Disorders	Focus Area 1: Promote Well-Being	Goal 1.2 Facilitate supportive environments that promote respect and dignity for people of all ages			#2: Use thoughtful messaging on mental illness and substance use. (p 214) Health Literacy	# of organizations where all or a majority of front-line health care staff have completed the full 6-hour CCN course in HEALTH LITERACY # of organizations with certified CCN Health Literacy instructors who are available to teach the course for staff at other organizations	Care Compass Network offered a competitive Master Trainer Education Program for Health Literacy in spring 2019. Two organizations in Tompkins County (Alcohol & Drug Council and Mental Health Dept) had staff (2 total) trained as Master Trainers to educate staff and/or community members in the areas of Health Literacy, Screening, Brief intervention, and Referral to Treatment (SBIRT), and Motivational Interviewing. There is ongoing support for these courses from the Ithaca College Gerontology Institute. By March 2020, the two Master trainers will each offer at least two 6-hr. courses to local agencies/organizations.	The Master Trainers will each offer 2 additional courses. Evaluate course delivery/content and follow-up with participants who complete the courses. Determine if additional trainers are needed.	Master Trainers will each offer at least 4 courses.	Other (please describe partner and role(s) in column D)	Care Compass Network - funder Other Partners: TC Mental Health, Alcohol and Drug Council, Ithaca College