

Visiting Nurse Service of Ithaca and Tompkins County developed the training package for Home Health Aides

The training video is already displayed on the COFA website. The materials used in the workshop are:

Documents in Word:

- Falls Prevention Workshop Agenda
- The Falls Behavioural (FaB) Scale for the Older Person
- Falls Efficacy Scale
- Home Safety Checklist
- Taking Action to Prevent Falls: A Home Environmental Assessment
- How To Prevent Falls by Betty Perkins-Carpenter
- Falls Prevention PRE-TEST
- Falls Prevention POST-TEST #1

Published materials also distributed during the training

- Falls Prevention red booklet
- Tompkins County Falls Prevention Resource Guide
- Check For Safety: A Home Fall Prevention Checklist For Older Adults pamphlet (CDC)