



## 2018 Program Report Card: Teen Pregnancy and Parenting Supports

**Achieving Youth Results (AYR) Goal:**  
Children will grow up within safe environments.

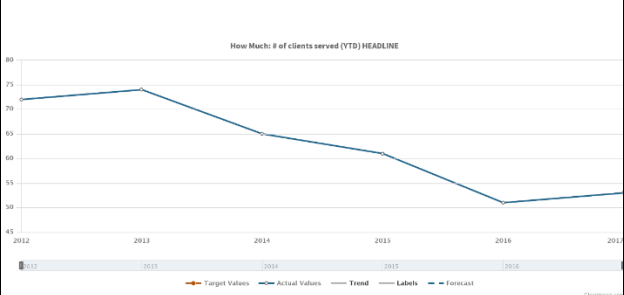
**Program:** Teen Pregnancy and Parenting Program (TP3)  
**Agency:** Child Development Council

**CLIENTS:**  
Young people 14-21 who are pregnant or parenting

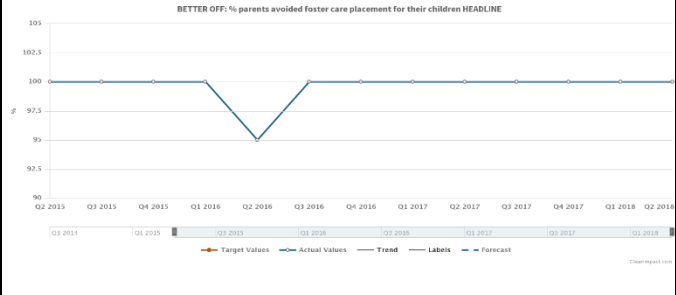
**PARTNERS:**  
WIC, MOMS, Area food pantries, multiple social service organizations, Tompkins County DSS, Cornell Cooperative Extension, Tompkins Community Action, middle and high schools, Northeast Pediatrics, Cayuga Medical, OBGYN and Midwifery Associates, Head Start, Finger Lakes Library System, Tompkins County Health Department

### RESULTS BASED ACCOUNTABILITY HEADLINE PERFORMANCE MEASURES

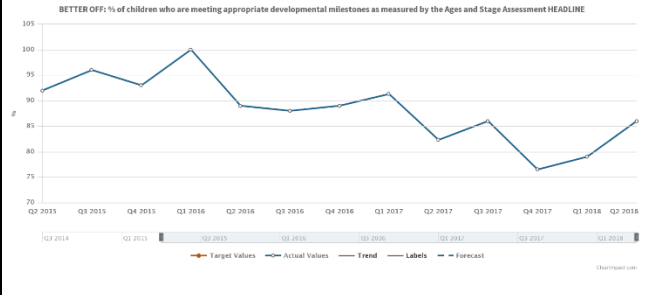
<b>HOW MUCH:</b>	<b>53 Youth*</b>	<b>BETTER OFF:</b>	<b>100%*</b>	<b>BETTER OFF:</b>	<b>86%*</b>
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\*Youth served in 2017.



\* 30/30 parents in Q2 2018.



\*19/22 children in Q2 2018.

### THE STORY BEHIND THE DATA

**GRAPH 1: # of youth served** - The number of participants will increase with more focused outreach to engage a wider population of pregnant/parenting teens. The national trend shows a steady decrease in overall teen pregnancies, with the most significant drops being among black and Hispanic teens, at 51% and 44%, respectively, since 2006. Longer retention of individuals in the program reduces the overall number of participants served in a year. Currently, more than 44% of our participants have been engaged in the program for one year or more.

**GRAPH 2: % parents avoiding foster care placement for their children** - Despite occasional CPS investigations with families, we will continue to see a high level of performance in helping families avoid foster care placement of their children. Through participation in the program, teen parents increase their parenting abilities by developing skills and learning about child development, so they have realistic expectations of their children at different stages of growth, effectively preventing and reducing recidivism rates of child abuse and neglect. The prevalence of opioid use and addiction in our community has led to an increased number of CPS investigations and removal of children from their parents' care. By building supports through participation in the program, parents are usually able to identify a suitable caregiver for their children as an alternative to foster care. Through participation in the program, teen parents are better able to meet their basic needs, and those of their children, by connecting with community resources and building support networks they can turn to in times of need.

**GRAPH 3: % of children who are meeting developmental milestones as measured by Ages and Stages Assessment** - The number of children reaching developmental milestones, as measured by the Ages and Stages Questionnaire tool, will continue to increase as families receive child development information and age appropriate parent/child activities, along with Early Intervention referrals, from our staff through participation in our program. Increased length of participation also supports this performance measure because families often come to us in a time of need/crisis when they are unable to focus on their child's development. Once basic needs are met and the crisis situation is diffused, which takes time, parents can then focus on their children and promoting their development.

## AGENCY ACTION PLAN TO "TURN THE CURVE"

### 2019 Action Plan

#### **HOW MUCH**

- Continue to present teen pregnancy/parenting curriculum to schools, so students have access to support and resources and teachers/staff have information on where to refer teens and access resources.
- Utilize technology to reach teens, either through text messages or social media, to share information and resources, provide support, and possibly for peer support.
- Table at schools, outside of curriculum presentations, to offer resources, make our presence known, and hand out condoms.

#### **BETTER OFF**

- Write grants for activity kits that include developmentally appropriate toys and activities that parents and babies can enjoy together. Kits are borrowed and exchanged as baby reaches a new developmental level.
- Use a weighted caseload system so staff do not have a large amount of high need families at one time, but instead a mixture of low, medium, and high needs families, preventing staff burnout and increasing quality of services for families.
- Continue meeting and strengthening partnerships with community service providers so we can best serve families; continue attending trainings and community meetings.

#### **BETTER OFF**

- Facilitate families getting library cards and attending free library family events; bus passes or gas cards could be provided to attend events.
- Write grants for activity kits that include developmentally appropriate toys and activities that parents and babies can enjoy together. Kits are borrowed and exchanged as baby reaches a new developmental level.
- Create a reading campaign to encourage early literacy, reading together, and promoting children's development.

### 2018 Action Plan & Status

#### **HOW MUCH**

- Reassess the logistics of staff meeting with teens in the afternoon/evening in order to provide services to those who are attending school and/or working. **↑ Accomplished**
- Complete teen pregnancy/parenting curriculum to be presented at high schools, allowing for education on the realities of teen parenting and information on accessing supports for both students and school staff. **↑ Accomplished**
- Develop a closer working relationship with the OB-GYN and Midwifery Associates of Ithaca so they better understand the services provided and to increase referrals to the program, since many teens use the midwives as their care provider. **↑ Accomplished**

#### **BETTER OFF**

- Work with participants to make sure their basic needs are met so they are less vulnerable to abuse, exploitation, etc. **↑ Accomplished**
- Develop a wrap-around service program for teens to better assist them through times of crisis, possibly requiring additional staff time to be able to provide as many visits as an individual may need while working through the crisis. **↔ In Process**
- Include more child development and baby bonding information on the website and via social media. **↔ In Process**

#### **BETTER OFF**

- Create activity kits that can be modeled with families at a visit and then left until the next visit for families to enjoy together; kits would be designed to target specific skills and ages and include low-literacy friendly instructions. **↑ Accomplished**
- Develop a monthly play group so children can receive developmental support and socialization, and parents can receive parenting and child development information while building social supports. **↑ Accomplished**
- Include more age-appropriate activity suggestions for families on the website. **↔ In Process**