

**Owning Your Own Health Committee
Minutes – Approved
March 21, 2018 - 3 p.m.
Legislature Chambers**

Present: Jackie Kippola, Jim Bower, Kathy Servoss, Emily Mallar (arrived at 3:30 p.m.)
Excused: Olivia Hersey, Tammy Morse, Bev Chin, Sharon Bowman, Debby Kelley, Ted Schiele, Leslie Moskowitz
Guests: Dr. William Shang, Don Barber, Executive Director; Via conference call: Beth Miller, Excellus; Nina Butler, Interactive Health Solutions

Call to Order

Mr. Barber called the meeting to order at 3:03 p.m., on behalf of Mr. Schiele, Chair, who was unable to attend.

Changes to the Agenda

There were no changes to the agenda.

Approval of February 21, 2018 Minutes

The minutes of the February 21, 2018 were deferred to the next meeting due to not being included in the agenda packet.

Executive Director's Report

Report on Work of Other Committees

Mr. Barber reported the Joint Committee on Plan Structure and Design identified the Silver Metal Plan as needing an adjustment in order to remain in compliance with the required actuarial value of 70% + or – 2%. It is currently slightly above 72% which Mr. Barber explained is calculated from the national average of what this Plan pays for the cost of health care. Two years ago the Consortium adjusted all of its plans because they were outside the required actuarial value and last year the Gold Plan was adjusted to allow it to continue to be eligible for a Health Savings Account. He said labor participates in the discussions of what is going to be adjusted and it is done in a collective environment. Ms. Miller commented that the last time this process was undertaken it was a great collaboration and everyone in the group and unions felt they had a say in the process.

Mr. Barber said the Website Committee has gotten through the first stage of establishing the home page and expects there to be a mock operational website in the very near future that will be open to feedback. The Audit and Finance Committee will be presenting the Board with resolutions concerning an increase in the Catastrophic Claims Reserve due to a change in the Stop Loss deductible and enacting an online enrollment process. The voluntary process will allow municipalities to give authorization to Jessica Hobart of the County Finance Department to enter enrollment information on their behalf into the Excellus system. The Board will also be asked to consider a resolution approving an investment policy for the Consortium that will empower the CFO (Steve Thayer) to enact that will provide greater return on investments. If approved, the Audit and Finance Committee will begin working on an Request for Proposals.

Mr. Barber reported the Newsletter has been distributed and also encouraged everyone to attend the annual Retreat to be held on April 26th in the Sprole conference room at TC3. The focus will be an in- depth look at utilization reports.

Committee Vice Chair

Mr. Barber asked members to consider electing a Vice Chair; members suggested deferring this to the next meeting when more members are in attendance.

Blue4You Update

Ms. Miller reported 14 individuals have requested a test and lab packet; however, as of today none have completed it. She also said there were issues with lab listings on the website but they have been corrected.

Mr. Barber asked what efforts could be undertaken to encourage the 14 individuals to follow through on the process of getting a blood draw. After a brief discussion of potential HIPPA concerns, Ms. Miller suggested a last-minute push of a blanket e-mail or flyer be distributed instead of targeting specific individuals to remind them to go to the lab if they have picked up a packet. Mr. Barber will work with Ms. Miller on developing language for an e-mail that can be distributed by benefit clerks to members. Mr. Shang commented that once a year the Lion's Club runs a similar screening program.

Request for Proposals – Wellness Consultant

Mr. Barber reported there was one very good response to the Request for Proposals for a Wellness Consultant and provided members with a copy of the response. He reviewed the individual's response, noting the responder's vast experience and communication skills.

Ms. Mallar arrived at this time.

Mr. Barber commented on a suggestion made by Judy Drake, Board Chair, that the compensation of a contract include a "no to exceed" amount, and members felt this was a good idea.

Ms. Kippola suggested narrowing down a list of top things the Consortium would like to have achieved and said she would like to hear how outreach to retirees and dependents will be done. Mr. Barber said one suggestion he will make is to invite spouses to meetings held with employees.

Mr. Barber said he would expect an orientation phase for the first couple of months and would expect attendance at all of the committee and board meetings that would then move into a planning phase that could include developing an employee survey. There could also be work done in the area of public relations; policy writing could include assisting municipalities in writing and adopting a wellness policy.

Ms. Kippola suggested and others agreed, on the importance of developing a work plan with agreement on the basic principles of the work plan and a prioritization of goals.

Mr. Barber said the RFP Review Committee will meet on March 30th and will conduct an interview of the respondent immediately following the meeting. He asked if any member has questions to communicate with him prior to that meeting.

Next Agenda

Mr. Barber said he will provide an update on the Wellness Consultant at the next meeting. The Committee membership and responsibilities has been placed on hold until the Wellness Consultant is on board.

Adjournment

The meeting adjourned at 3:46 p.m.