

Age-Friendly Implementation Timeline

Color Code	Status
	Significant progress or outcome achieved
	Moderate, steady progress
	Minimal or no progress
	Strategy withdrawn

Outdoor Spaces and Buildings

Goal/ Strategy	Lead Agencies	Deliverable Date	Progress to Date	Progress Code
Goal 1: Promote a paradigm shift for creators and stewards of the built environment to view their work through an Age-Friendly lens	<i>TCOFA, Ithaca College & Cornell University</i>			
Task 1.1 Present Age Friendly Initiative to Tompkins County Council of Governments		2017	Will be on the Tompkins County Council of Governments agenda in 2017	
Task 1.2 Provide training seminar inviting members of the Tompkins County Council of Government and reach 2 municipalities		2017	Will be on the Tompkins County Council of Governments agenda in 2017	
Task 1.3 Work in greater depth with 2 municipalities to implement Age-Friendly concepts in planning and zoning efforts		2018-2019		
Goal 2: Improve outdoor spaces and buildings to ensure the safety, accessibility and visitability by the continua of ages, abilities, and incomes by removing unnecessary barriers to functioning through informed design.	<i>TCOFA, Ithaca College & Cornell University</i>			
Task 2.1 Partner with City of Ithaca Disability Advisory Committee (DAC) on shared priorities		2016-2019	The Age-Friendly Sidewalks Program conducted a	

			Community Survey of Sidewalk Accessibility with older adults at McGraw House, Titus Towers, Beechtree Rehabilitation Center in Spring 2016	
Task 2.2 Engage student groups to conduct an assessment of at least one priority area among downtown Ithaca's buildings and outdoor spaces		2017	Last spring, Ithaca college students assessed five large and five small local businesses on accessibility to elders. They also conducted a study, which will be finished in spring 2017, investigating what elders thought about those businesses.	
Task 2.3 Develop a list of best practices for buildings and outdoor spaces for those working in these areas		2018		
Task 2.4 Meet with the Downtown Ithaca Alliance, Tompkins County Visitors Bureau and Chamber of Commerce to share findings and best practices		2018		

Goal 3: Promote the walkability of our communities (by addressing connectivity, quality and presence of sidewalks, safety from crime, weather, and falls).	<i>Office for the Aging Advisory Committee, Tompkins County Planning Department, Ithaca College, Cornell University and TC3</i>			
Task 3.1 Work with the City of Ithaca and one other municipality to conduct a walkability survey		2018-2019		
Task 3.2 Work with Tompkins County Planning Department on sidewalk inventory and Health Communities Strategy		2017-2019		

Housing

Goal/ Strategy	Lead Agencies	Deliverable Date	Progress to Date	Progress Code
Goal 1: Educate and disseminate information regarding accessibility and visitability in design for new housing development	<i>Tompkins County Office for the Aging</i>			
Task 1.1 Offer educational session on accessibility and visitability to the Tompkins County Council of Governments		2017	Will be on the TCOG agenda in 2017	
Task 1.2 Provide in-depth training seminar inviting the Tompkins County Council of Government and 2 other municipalities		2017		
Task 1.3 Utilize the Office for the Aging's website as a go-to resource		2017-2019		
Goal 2: Advocate for the development of additional	<i>Tompkins</i>			

accessible affordable housing to meet housing needs across the lifespan.	<i>County Office for the Aging, Tompkins County Planning Department</i>			
Task 2.1 Meet with municipal officials and developers to inform them about the housing needs of older adults in order to make the development of affordable accessible housing a priority.		2016-2017	Lisa Holmes presented to County Planning Development Committee in Oct. 2016	
Task 2.2 Conduct housing needs/preferences surveys and senior housing occupancy surveys		2018		
Goal 3: Advocate for additional home repair funding to enable lower income older adults to age in place.	<i>Tompkins County Office for the Aging, INHS/Better Housing for Tompkins County</i>			
Task 3.1 Apply for home repair grant funds for low income homeowners		2016-2019		
Task 3.2 Target additional flexible funds such as Community Services for the Elderly (CSE) funds		2016-2019	Tompkins County Office for the Aging targeted Community Services for the Elderly funds in 2016	
Task 3.3 Solicit donated funds and materials for home repairs from local businesses and chain stores to make limited funding go further		2016-2019	Plans to solicit materials and funds from Home Depot, Lowes and Walmart	

Transportation

Goal/ Strategy	Lead Agencies	Deliverable Date	Progress to Date	Progress Code
Goal 1: Generate broader interest and acceptance of the vision of an integrated transportation system	<i>Tompkins County Coordinated Transportation Planning Committee; Cooperative Extension Way2Go Program</i>			
Task 1.1 Discuss, catalyze and support the creation of an alliance for integrating transportation services		2016	Integration of transportation services was the topic of coordinated plan meetings in 2016 and 2017	
Task 1.2 Establish/ facilitate a working group of key stakeholders to develop and organize support for an integrated transportation system.		2017-2019	Partners from coordinated plan are working together on integrated transportation; Presentation to Gadabout Board in January 2017	
Task 1.3 Explore feasibility of Mobility as a Service (MaaS) in Tompkins County, and apply for NYSERDA Grant for feasibility study.		2017	Presentation to Mobility as a Service to Tompkins County Health and Human Services Committee on Feb. 15, 2017	

Goal 2: Increase awareness, utilization and integration of existing services such as Gadabout, FISH, Love Living at Home and other senior transportation providers	<i>Tompkins County Office for the Aging</i>			
Task 2.1 Convene leaders of volunteer transportation providers to discuss current services and trends		2017		
Task 2.2 Develop communications plan to increase ridership and increase number of volunteer drivers		2017-2019	Gadabout board is conducting outreach to increase ridership and volunteer drivers	
Goal 3: Raise awareness of programs that bring services and support TO people. Explore and develop additional services	<i>Tompkins County Office for the Aging, 211</i>			
Task 3.1 Research and document existing programs in Tompkins County		2017		
Task 3.2 Publicize service list to increase the utilization of these services		2018-2019		

Employment and Civic Participation

Goal/ Strategy	Lead Agencies	Deliverable Date	Progress to Date	Progress Code
Goal 1: Support transition planning for soon-to-be and new retirees.				
Task 1.1 Regularly publicize long-term and short-term community volunteer opportunities available with the Volunteers Connected program. Utilize Lifelong's weekly e-mail blast, the monthly Volunteers Connected newsletter as well as the Senior Circle newsletter.	United Way and Lifelong	2016-2019	Aging Services Network Presentation April 2016	
Task 1.2 Offer a minimum of 4 in-person presentations to senior groups regarding volunteer opportunities within the community.	Lifelong	2016-2019	Aging Services Network Presentation April 2016; Volunteer opportunities in	

			Senior Circle, including Ombudsman Program in May 2016, Energy Navigator program in March 2016 and Gadabout in November 2016	
Task 1.3 Offer at least one training to local non-profit organizations on how to recruit, train and manage older adult volunteers	Human Services Coalition	2018		
Goal 2: Support older adults seeking employment opportunities				
Task 2.1 Publicize Workforce New York as a hub of support for older workers, assisting with resume writing, technology, part-time employment opportunities, workshops and other employment-related services. Include a minimum of 2 articles per year in the Senior Circle newsletter, 2 annual Facebook posts, and 2 articles in TCOFA's online newsletter using Constant Contact.	Tompkins County Office for the Aging, Workforce NY	2016-2019	Article in Spring 2017 issue of Senior Circle	
Task 2.2 Share information on local agencies which offer alternative options including those that promote barter systems, cooperative volunteer banks, time trading programs and/or other similar programs. Include one article per year in the Senior Circle newsletter, one Facebook post per year, and one article in TOCFA's online newsletter using Constant Contact.	Tompkins County Office for the Aging	2016-2019	Article in Spring 2017 issue of Senior Circle	

Culture of Respect and Inclusion

Goal/ Strategy	Lead Agencies	Deliverable Date	Progress to Date	Progress Code
Goal 1: Age-Friendly Protection Efforts: Enforcement of age-based anti-discrimination protections (i.e., local,	<i>Tompkins County Office of Human Rights</i>			

state, federal human/civil rights laws).				
Task 1.1 Respond to the public's complaints of age discrimination in employment, housing, and public accommodation.		2016-2019	Filed Complaints Related to Age Employment: 3; Housing: 2; PA: 0	
Task 1.2 Address accessibility-based violations, in both public and private settings		2016-2019	Accessibility Consultations/ Intakes related to Housing: 18; PA: 20	
Task 1.3 Track and ensure requests for reasonable accommodation for seniors and persons with disabilities are addressed appropriately		2016-2019	RA Request Assistance/ Denials related to Employment: 15/12 Housing: 13/7	
Task 1.4 Enforce senior citizen lease termination protections		2016-2019	No cases in 2016	
Task 1.5 Reduce or eliminate discriminatory housing ads and steering tactics		2016-2019	Weekly auditing of real estate/housing advertisings	
Task 1.6 Identify and address exclusionary public policies based on age		2016-2019	No cases in 2016	
Goal 2: Age-Friendly Promotion Efforts: Creating opportunities for collaboration, healing, bridge-building, dialogue, and celebration among all age categories.	<i>Tompkins County Office for the Aging</i>			
Task 2.1 Offer county-wide fair housing/equal opportunity employment workshops		2018	Human Rights Presentations related to Employment: 6; Housing/PA: 8	
Task 2.2 Develop or join one annual jointly-sponsored community celebration that highlights and provides multi-generational benefits		2017-2019	Brainstorming Phase	

Communication and Information

Goal/ Strategy	Lead Agencies	Deliverable	Progress to Date	Progress Code
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Goal 1: Promote Age Friendly Ithaca/Tompkins.	<i>Age Friendly Steering Committee</i>			
Task 1.1 Form an Age Friendly Tompkins/Ithaca Community Coalition		2016	Age Friendly Steering Committee	
Task 1.2 Develop outreach campaign		2017 - 2019	Discussed plan for increased social media presence and multigenerational events at Age Friendly Steering Committee meeting 11/28/16	
Goal 2: Ensure that elders have access to information and communication resources.	<i>Tompkins County Office for the Aging</i>			
Task 2.1 Promote the Tompkins County Office for Aging/NY Connects program		2016 - 2019	NY Connects promoted in the Senior Circle in November 2016 and May 2016 issues	
Task 2.2 Mount a multi-pronged approach		2016 - 2019	Used social media, the Senior Notebook TV show, and radio to communicate with older adults	
Task 2.3 Promote effective public information and consumer education		2016 - 2019	Developed public information/education plan for 2016-2017	
Goal 3: Provide educational opportunities to improve the computer and communication technology skills of older adults who wish to learn.	<i>Lifelong and Ithaca College</i>			
Task 3.1 Pair Ithaca College students with older adults who wish to learn about technology through Lifelong's learning lab		2016 - 2019	80-85 Ithaca College Occupational Therapy graduate students, Aging Studies Age Matters students, and Park Scholar Media Club students provided one-to-one and small group instruction to elders at 6 Tompkins County locations including Lifelong, McGraw House, Titus Towers,	

			Longview, and Kendall.	
Goal 4: Utilize points of entry and trusted community organizations to provide outreach to raise awareness of issues of importance to older adults	<i>Tompkins County Office for the Aging</i>		We partner with local agencies such as Mental Health, FLIC, Suicide Prevention and the Gerontology Institute to provide information to seniors	
Task 4.1 Inform human resources professionals about services for retirees and caregivers		2017	The Ithaca College Gerontology Institute Family Caregiver Resource page: http://www.ithaca.edu/gerontology/caregiverresources/ Finger Lakes Geriatric Education Center training at Ithaca College Superskilled! Reducing Turnover and Increasing Retention Train-the-Trainer on October 13, 2016	
Task 4.2 Promote Workforce New York as a hub of support for older workers		2017 - 2019	Article on this topic in Spring 2017 issue of Senior Circle	
Task 4.3 Promote long-term and short-term community volunteer opportunities. Promote local agencies which offer alternative options		2017 - 2019	Regularly publicize long-term and short-term community volunteer opportunities available with the Volunteers Connected program through Lifelong's weekly e-mail blast, the monthly Volunteers Connected newsletter and the Senior Circle newsletter.	
Task 4.4 Reach out through the clinically integrated network of providers and Guthrie		2017 - 2019		
Task 4.5 Utilize the Fingerlakes Office Managers Association		2017 - 2019		
Task 4.6 Educate patients and caregivers to make informed decisions		2017 - 2019	Finger Lakes Geriatric Education Center training at Brookdale: Partners in Care Assisted Living: Cooperative Communication Between Families	

			and Staff-- June 7-September 16, 2016 for Assisted Living Staff, July 17, 2016 for Family Caregivers "Health Literacy: Communicating with Your Health Care Provider training at Longview" Presentation on February 25, 2016	
Task 4.7 Assist individuals in planning ahead to pay for long term care		2016 - 2019	Senior Living Expo 2016 on Saturday, April 2 Free event with over 30 exhibitors and presentations on Paying for Long Term Care and Community Services for Aging in Place. Senior Circle article on help paying for care on 11/21/16	
Task 4.8 Raise awareness about advance directives, palliative care, and hospice services		2016 - 2019	Palliative and End of Life Care Project: Community Report on survey conducted in Finger Lakes and Southern Tier in spring 2015 by Elizabeth J. Bergman and IC students; Ithaca Journal headline article "What You Should Know about Palliative Care," including interview with Professor Elizabeth Bergman, was published on February 22, 2016; Ithaca College Gerontology Institute workshops: "Recognizing the Value of Advance Care Planning and MOLST/eMOLST" on September 29, 2015, "Palliative Care: Research and Practice" on April 20, 2016, and "Racially-Associated Disparities in Hospice and Palliative Care Access: Can We Move the Needle?" on February 13, 2017; Upcoming Palliative Care Conference at Ithaca College on April 5, 2017	
Task 4.9 Raise the general awareness of aging and long term care issues among philanthropic organizations		2018		
Task 4.10 Promote tools to support		2016	Caregivers Resource Center newsletter article on	

informal care networks		- 2019	Caring Bridge and Lotsa Helping Hands websites in Winter 2017	
Task 4.11 Convey practical and timely information to individuals and families about scams, magazine subscriptions, and over-solicitation		2016 - 2019	Senior Circle discussed scams in May 2016 and August 2016 issues and covered five popular scams in Winter 2015-16 issue	
Task 4.12 Promote presentations by the Attorney General's Office about scams		2016 - 2019		
Task 4.13 Raise awareness among older adults about elder abuse and financial abuse		2017 - 2019	Upcoming Ithaca College Gerontology Institute workshop "Elder Abuse: Prevalence, Process, and Prevention" on March 21, 2017	
Task 4.14 Consult with an elder law attorney about the Medicaid five year look-back period		2017		
Task 4.15 Include information about financial exploitation, abuse, and scams when providing outreach		2016 - 2019	NYSEG scam alert issued on Tompkins County Office for the Aging website; Scams covered in the Senior Circle August 2016 and Winter 2015-16 issues, and financial exploitation in the May 2016 issue; Information on scams available at Tompkins County Office for the Aging	

Community Support and Health Services

Goal 1: Ensure that the approach to discharge planning (including discharges to institutional settings) is well coordinated and connected with available community resources.	<i>Health Planning Council</i>			
Task 1.1 Host biannual discharge planning network luncheons		2016- 2019	Held luncheon in Sept. 2016, another is planned for March 2017	
Task 1.2 Encourage the use of electronic		2017	Ithaca College Gerontology Institute	

medical records (including electronic medical orders for life sustaining treatment or e-MOLST) by community based organizations. Offer training to community based organizations to enhance staff awareness and capacity for electronic medical records.			workshops: "Recognizing the Value of Advance Care Planning and MOLST/eMOLST" on September 29, 2015	
Task 1.3 Monitor and inform the community about Delivery System Reform Incentive Program		2016-2019	Standing issue at Health Planning Council Board Meetings in 2016; Long Term Care Committee Meeting in February 2017	
Goal 2: Support caregivers and patient-advocates during discharge from hospital to home.	<i>Tompkins County Office for the Aging</i>			
Task 2.1 Offer training to family and caregivers regarding hands-on needs		2016-2019	Family Caregiver Training was held in March 2016; will hold another training in February 2017	
Task 2.2 Advocate for increased funding for respite care for caregivers		2016-2019	Alzheimer's Respite funding; Presentation and demonstrations with Ithaca College Occupational Therapy Department at Senior Living Expo in March 2017	
Goal 3: Elevate the way our community values and honors personal care aides on a professional level, including how they are treated, as well as the income, benefits and training they receive.	<i>Visiting Nurse Services</i>			
Task 3.1 Educate and assist home health organizations		2016	Finger Lakes Geriatric Education Center training at Ithaca College "Superskilled! Reducing Turnover and Increasing Retention Train-the-Trainer" on October 13, 2016	
Task 3.2 Host a recognition luncheon for home health aides		2016-2019	Held HHA recognition event on 10/16/16	
Task 3.3 Advocate for a living wage and		2016-	Tompkins County joined New York State	

funding		2019	Health Care Crisis Campaign; will provide testimony at Public Hearing in February 2017	
Goal 4: Advocate for the following programs and services within Tompkins County which are currently unavailable and for which there is a significant community need: 1) A Medicaid funded Assisted Living Program (ALP); 2) A Medical Model Adult Day Program to assist individuals and caregivers with long-term care needs; 3) Additional units of secure and affordable dementia care	<i>Tompkins County Office for the Aging</i>			
Task 4.1 Educate state and local legislators and officials at the NYSDOH		2016-2019	Lisa Holmes provided legislative education during meetings, including with Health & Human Services; Letter to New York State Department of Health from Tompkins County Office for the Aging and Long Term Care Committee regarding need for Medicaid Assisted Living Program in Tompkins County in February 2017	
Task 4.2 Write letters of support and provide oral and written testimony		2016-2019	Letter to New York State Department of Health from Tompkins County Office for the Aging and Long Term Care Committee regarding need for Medicaid Assisted Living Program in Tompkins County in February 2017	
Goal 5: Promote the seniors helping seniors concept through supporting the establishment of a "village" in Tompkins County.	<i>Tompkins County Office for the Aging</i>			

	<i>and Love Living at Home</i>			
Task 5.1 Ensure that Love Living at Home is well integrated with the Office for the Aging		2016-2019	Continued communication and collaboration via Long Term Care Committee to meet needs without duplicating services	
Task 5.2 Explore ways in which similar services may be made available to rural areas		2016-2019	Love Living at Home is available throughout Tompkins Country, including rural areas.	
Goal 6: Ensure training is available for health care professionals and social workers regarding geriatric and psychological issues.	<i>Ithaca College Gerontology Institute and Health Planning Council</i>			
Task 6.1 Disseminate information about geriatric training for primary care physicians and CEUs for social workers.		2017-2019	Finger Lakes Geriatric Education Center Rural Summit at the State Society on Aging New York (SSANY) Conference on October 26, 2016 at Ithaca College (CEU's for social workers and physicians certified through UR) Ithaca College Gerontology Institute workshops at the State Society on Aging New York (SSANY) Conference on October 27 -28, 2016 at Ithaca College (CEU's for social workers certified through Family & Children's Services): Expressive Arts in Counseling Psychotherapy; Attachment-Focused Integrative Reminiscence (Life	

			Writing): Theory, Methods, Skills, and Phenomenological Experience; Skilled Listening and Writing for Story: From Reminiscence to Story-Work with Elders' Stories	
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