

REGISTRATION IS REQUIRED

Tompkins County Youth Services Dept. Presents

STRENGTH BASED STRATEGIES

Robert Lowery has a deep understanding of the gaps in the lives of at-risk kids, from his personal upbringing as well as from his professional experience in working with youth at a non-profit youth development agency and in juvenile detention facilities. He is currently the Director of Program Quality for the Boys & Girls Club of Buffalo.

He will teach you the concepts behind strength-based strategies and some practical lessons on how to incorporate them into your programs and life. Much of society's approaches to dealing with higher risk youth and disengaged families is through a lens of their weaknesses or problems that need to be "fixed".

This training will provide participants with 3 simple steps to the strength-based approach. In addition training will provide an overview of Carol Dweck's Growth mindset which proposes that everyone has either a fixed mindset or a growth mindset.



Robert F. Lowery



When: Thursday April 28, 2016

Time: 9 am to 2 pm (light morning refreshments & lunch provided)

Where: Ramada Inn, 2310 N. Triphammer Rd., Ithaca

Registration is required (no exceptions, limited space).

Email Theresa Albert at talbert@tompkins-co.org or call (607) 274-5310, **no later than April 20, 2016**

The Tompkins County Youth Services Department invests time, resources, and funding in communities to enable all youth to thrive in school, work, and life.