

8:30 a. m. – 4:30 p. m. Monday through Friday
171 E. State St./Martin Luther King Jr. St., Center Ithaca, Suite 241, Ithaca, NY 14850
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Monday	Tuesday	Wednesday	Thursday	Friday
2 Metrix Overview 1:00 - 2:00 p.m.	3	4	5 Professional Opportunity Developers 9:00 - 11:00 a.m.	6 Cornell Meet the Employer Information Session 1:00 - 3:00 p.m.
9	10 Metrix II 1:00 - 2:00 p.m.	11 Technology at TC3 1:00 - 3:00 p.m.	12	13 Bridging the Gap 10:00 a.m. - 12 Noon
16 President's Day Office Closed 	17	18 Metrix Overview 1:00 - 2:00 p.m.	19 Sector Series #2 at TCPL 9:00 - 11:00 a.m. ----- Older Worker Workshop 10:00 - NOON	20 Meet the Employer Information Sessions Ithaca College 9:00 - 11:00 a.m. ----- Binoptics 3:00 - 4:00 p.m.
23 Metrix II 10:00 - 11:00 a.m.	24 Jobseekers With Disabilities Workshop 9:00 - 11:00 a.m.	25 Social Security Return to Work Workshop 10:00 - NOON	26 Conquering the Interview Workshop 9:00 - 11:00 a.m.	27 Meet the Employer Information Sessions CFCU Community Credit Union 9:00 - 11:00 a.m.
				

All workshops are offered at no cost to you and will be held at the Career Center unless otherwise indicated. However, space is limited and registration is required. Please call (607) 272-7570 ext.118, or register at the front desk. Tompkins Workforce is an Equal Opportunity Employer/Employment Service.

View all New York State Career Center Events at:
www.labor.ny.gov then Individuals/Job Seekers/Career Events

FEBRUARY 2015 WORKSHOP DESCRIPTIONS

Metrix E-Learning Information Sessions: Monday, Feb. 2nd, and Wednesday, Feb. 18th, 1:00-2:00 p.m.

Metrix II: Tuesday, Feb. 10th, 1:00-2:00 and Monday, Feb 23rd, 10:00-11:00 a.m.

Metrix E-Learning is an online skills and job-related training program that contains over **6,000 Courses**.

Courses range in topics from accounting, leadership, healthcare, and computer programming, etc.

Once registered, customers have accounts with unlimited access for 90 days.

Please note:

This workshop requires a mid-level competency with computers.

If you want to learn basic computer skills, please speak with a counselor at the Resource Desk.

Professional Opportunity Developers Group Meeting: Thursday, February 5th, 9:00 - 11:00 a.m.

Network with people who previously held executive level or highly technical positions.

Cornell University Meet the Employer Information Session: Friday, February 6th, 1:00 - 3:00 p.m.

A Cornell Human Resources representative will discuss job search tips, application process, and overall information about working at Cornell University.

Bridging the Gap: Friday, February 13th, 10:00 a.m. - 12 Noon

Thinking about going to school for a certificate or a degree? Are you thinking about training to improve skills or to learn a new skill? Do you need information on what's available locally, who to talk to and how to begin? The Bridging the Gap Workshop will cover what is available locally for training, degree programs, certificates, and funding sources. It will also cover local labor market information to help provide the guidance needed to make such a valuable career decision.

Technology at Tompkins Cortland Community College: Wednesday, February 11th, 1:00 - 3:00 p.m.

An information session on how TC3's new Applied Science and Technology Studies Degree can prepare you for careers in Advanced Manufacturing.

Social Security and Return to Work Workshop: Wednesday, February 25th, 10:00 a.m. - NOON

Topics will be:

1) How benefits can be affected by paid employment, 2) Health insurance and work, and 3) Work Incentives for beneficiaries.

Sector Series #2 at Tompkins County Public Library: Thursday, February 19th, 9:00 – 11:00 a.m.

TWFNY will coordinate a monthly panel of speakers representing different employment sectors with local job openings. Panelists will represent entry level to advanced positions, and share information about the skills, education, certifications and experience that were important for them in obtaining their current jobs.

February 2015 will focus on the **health care sector**.

Panelists, who are also representatives of local businesses and organizations, and job seekers will learn about On-the-Job-Training funds available through Tompkins Workforce NY and how they can utilize those funds. TWFNY invites job seekers from the general public to attend one or all of these free sessions to hear from panelists, network, and gain up-to-date knowledge about the local labor market.

Because these sessions start at 9am (and the library doesn't open until 10am), please use the side entrance to the library.

Job Search Tips for Older Workers: Thursday, February 19th, 10:00 - NOON

Is age discrimination real? Have you ever been called "over qualified"? Are older adults being stereotyped? Discuss these topics and more in a forum for job seekers who are considered "older". Topics will include myths about the older worker, changes in job search methods, realities of the current job market, and ways to deal with them.

Ithaca College Meet the Employer Session: Friday, February 20th, 9:00 - 11:00 a.m.

Come meet an Ithaca College Human Resource Representative, who will share their application process and the benefits of working at Ithaca College.

Binoptics Meet the Employer Session: Friday, February 20th, 3:00 – 4:00 p.m.

Binoptics Corporation manufactures laser components. Binoptics current products include lasers used in telecommunications and data warehouses. Binoptics currently has several positions available, from Fabrication Operator to Vice President of Development. Current openings and information on how to apply can be found on their website: www.binoptics.com

Jobseekers with Disabilities Workshop: Tuesday, February 24th, 9:00 - 11:00 a.m.

You will learn rights and responsibilities in the workplace related to the Americans with Disabilities Act, and the "Pros and "Cons" of disclosure. Information: Reasonable Accommodations, Works Incentives and resources to help you get back to work and/or to retain employment will be provided.

Conquering the Interview Workshop: Thursday, February 26th, 9:00 - 11:00 a.m.

Preparing for your job interview can be a challenge. This course will help you to overcome this challenge by teaching you how to: research and prepare prior to an interview, what to expect during an interview, how to follow up after an interview, and how to avoid common problems.

CFCU Community Credit Union: Friday, February 27th, 9:00 - 11:00 a.m.

A Human Resources representative from CFCU will present information on employment opportunities and the benefits of working at CFCU.

