

8:30am – 4:30pm. Monday through Friday
 171 E. State St./Martin Luther King Jr. St. Center Ithaca, Suite 241, Ithaca, NY 14850
 Phone: (607) 272-7570 Ext. 118 TTY: (607) 272-3285, Fax: (607) 272-2835
 E-mail: firststop@tompkins-co.org

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5 Metrix E-Learning Workshop 3:00-4:00	6	7 Cornell Meet the Employer Session 1:00-3:30
10	11	12 Conquering the Interview Workshop 2:00-4:00	13 Professional Opportunity Developers Group Meeting 9:00-11:00	14 
17 Office  Closed	18	19	20	21
24 Social Security Workshop @ Borg Warner Rm. Tompkins County Library 10:30-12:30	25	26 Civil Service Workshop 10:00-11:00 Ithaca College 10:00-11:30 Metrix E-Learning Workshop 3:00-4:00	27 Professional Opportunity Developers Group Meeting 9:00-11:00	28 Older Worker Workshop 10:00-12:00
3/3	3/4	3/5	3/6	3/7

*All workshops are offered at no cost to you and will be held at the One-Stop unless otherwise indicated. However, space is limited and registration is required. Please call (607) 272-7570 Ext. 118, or register at the front desk.
 Tompkins Workforce is an Equal Opportunity Employer/Employment Service.*