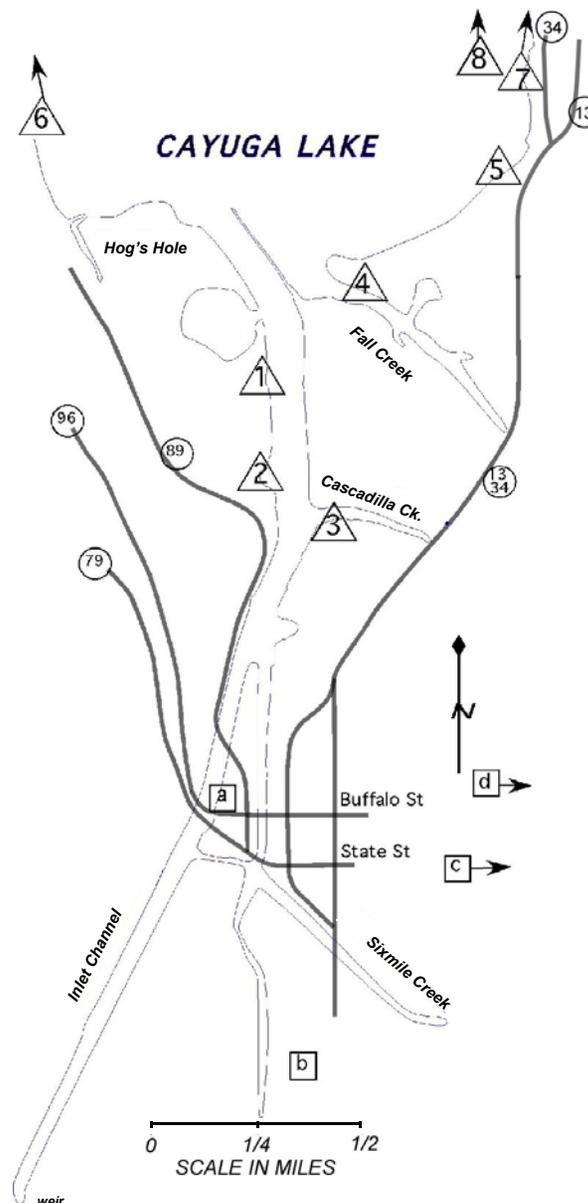


WHERE CAN CANOES AND KAYAKS BE LAUNCHED?

1. Allan Treman State Park Boat Launch, off Rte. 89
(adequate parking)
2. Cass Park, off Rte. 89 (opposite swimming pool)
(limited parking, dock launch)
3. Ithaca Farmer's Market, west of Rte. 13
(adequate parking but avoid during weekend market time; presently undeveloped launch site)
4. Cascadilla Boat House, west end of Stewart Park
(limited parking, dock launch)
5. Stewart Park, off Rtes. 13 and 34
(dock launch at east end of park)
6. Taughannock State Park, off Rte. 89
(adequate parking, fee)
7. East Shore Park, Rte. 34, near Lake Source Cooling Plant
(adequate parking)
8. Myers Park/Salt Point (Salmon Creek), west of Rte. 34 in Lansing
(free on Salt Point side; fee for non-residents at Myers Park on weekends)

MAP WITH KEY TO LAUNCH/SERVICE SITES AND PLACES OF INTEREST



WHERE CAN TRAILERED ROW-BOATS(r) AND SHELLS(s) BE LAUNCHED?

1. Allan Treman Boat Launch (r, s)
(fee on weekends and holidays)
4. Cascadilla Boat House (s)
6. Taughannock State Park (r, s)
8. Myers Point (boat ramp (r, s)
(fee for non-residents)

WHERE CAN CANOES (c) / KAYAKS (k) BE RENTED (R) OR PURCHASED (P)?

- a. Puddledockers (R, P, c, k)
704 1/2 W. Buffalo St.; (607) 273-0096
- b. Eastern Mountain Sports (R, P, k)
722 S. Meadow St.; (607) 272-1935
- c. Cornell Outdoor Education (R, c, k)
B01 Bartels Hall; (607) 255-6183
- d. Cayuga Boat Rentals (R, c, k)
By appointment; (607) 277-5072

SOME AREAS OF INTEREST

- Wildlife in the Inlet south of the State Street bridges
- Salmon Creek Inlet
- The Hog's Hole
- Fall Creek Inlet (Stewart Park)
- Sixmile Inlet
- Cascadilla Inlet

SOME SAFETY TIPS

- Carry an extra paddle, bowline (painter), and bailer.
- Canoes and kayaks are relatively unstable vessels. Balance the loads, and do not overload them or stand up in them.
- Stay with your boat if you go overboard. Put on your PFD immediately and then consider re-entry.
- Wind and waves can come up very quickly. Wind tends to be channeled along the lake, either in a northerly or southerly direction. South winds cause wave heights to increase northward in the lake and vice versa. Irregular waves from boat wakes, wind waves, and sudden changes in wind direction make paddling close to shore prudent.
- Check weather before departing, especially for thunderstorms. If the weather deteriorates head for shore and leave the lake if possible.
- Bring plenty of drinking water and use appropriate sun protection (sunscreen, hat, sunglasses). It can be hot and bright on the lake.
- In fall and spring, the water is cold (45-50° F). Being in the water can be dangerous or deadly. If the temperature of air plus water is <100°F, use a wet suit or similar gear.
- Leave extra time for the return trip. Conditions may deteriorate and you may be fatigued.
- Obey the “keep out” signs near the weir (low dam) at the south end of Inlet Creek channel. The “hydraulic” (backwash) can become extremely dangerous.
- Keep right and close to shore in the Inlet to avoid power craft and interfering with racing shells.

ORGANIZATIONS

American Canoe Association (ACA)

www.acanet.org

The national organization for recreational and some competitive canoeing/kayaking.

U.S. Canoe Association (USCA)

www.uscanoe.com

Sponsors marathon canoe and kayak racing on a national level. This involves races of several to many miles on flat water or rivers having up to low class 2 rapids.

N.Y. Marathon Canoe Racing Assoc. (NYMCRA)

www.nymcra.org

The local organization for marathon canoe and kayak racing.

Cascadilla Boat Club

www.cascadillaboatclub.org

Promotes and conducts rowing for all ages, both recreational and competitive.

Ahwaga Canoe Club (ACC)

www.ahwagacanoes.com

A local canoe club that sponsors paddling trips and other paddling-related events. It is focused primarily on recreational aspects.

This pamphlet was prepared by and printed with funds from the Tompkins County Water Resources Council. Additional copies may be obtained by contacting the Tompkins County Planning Department (121 E. Court Street in Ithaca, 607-274-5560, planning@tompkins-co.org).

PADDLING AND ROWING ON CAYUGA LAKE

This pamphlet provides information for the safe and enjoyable use of Cayuga Lake's south end and Inlet for paddlers and rowers. It includes places to rent and buy canoes and kayaks as well as locations of public launch sites. Most important are laws applicable to these muscle-powered boats and some advice for local use of these craft.

IT'S THE LAW

- Each person on board must have a Coast Guard approved personal flotation device (PFD aka life preserver). It is recommended that you wear your PFD and it is required that those younger than 12 years old wear them at all times.
- If paddling or rowing at night (not recommended), carry a white light and show it in sufficient time to prevent a collision.
- You have the right of way over powered vessels but be sensible. Few recognize the law and your safety is more important.
- It is illegal to operate a vessel while intoxicated. This law pertains to ALL vessels.